

# Challenges and Opportunities of Using Electronic Health Records in Multi-Country Studies

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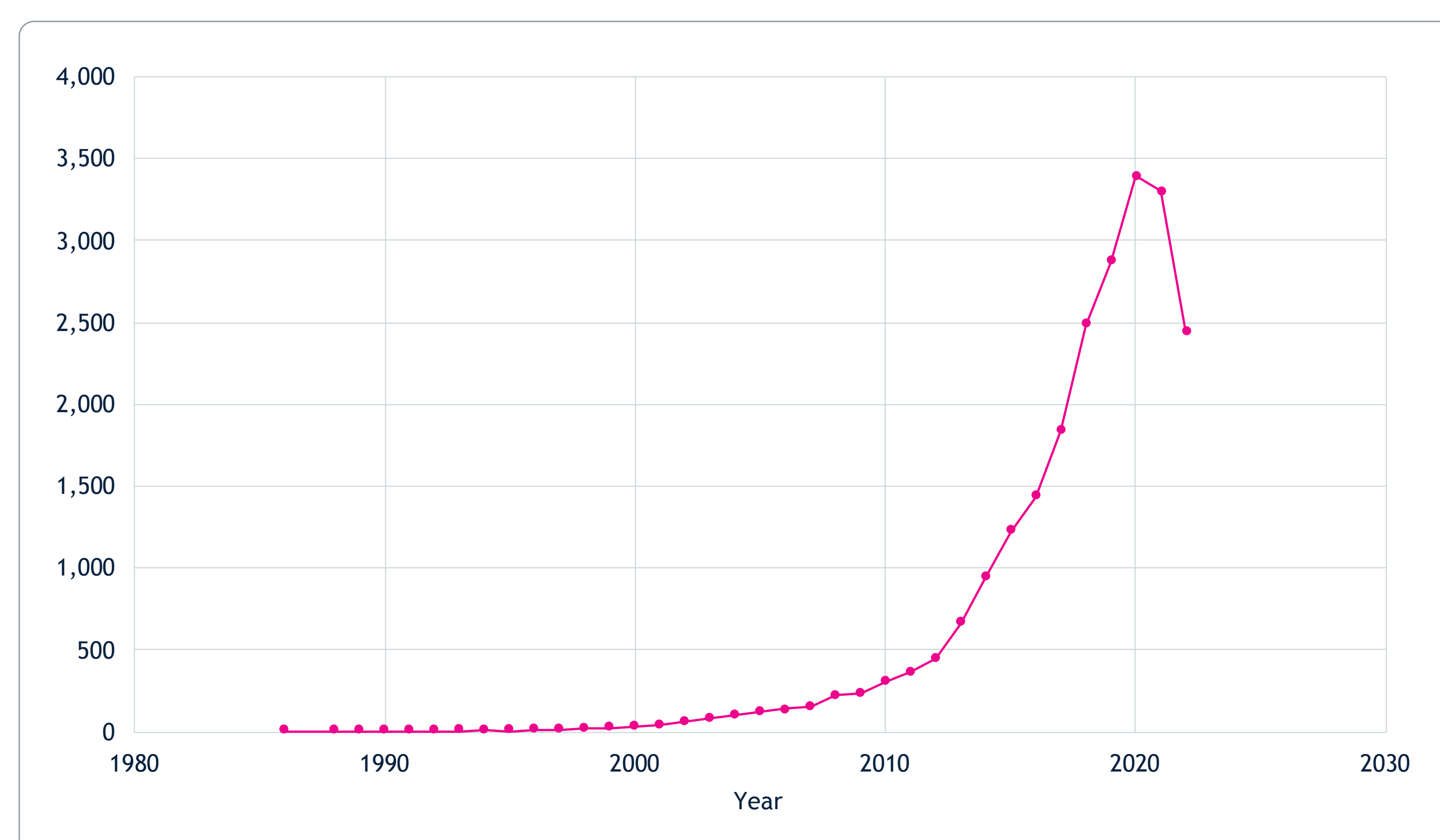


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## INTRODUCTION

Over the past decade, there has been a substantial increase in the acceptance of real-world evidence, further amplified with the COVID-19 pandemic. This has led to an increase in observational multi-country studies, allowing for the generalisability of real-world findings beyond specific geographic borders.

Figure 1. Number of PubMed hits for multi-country observational studies by calendar year



Note: PubMed search run on 07 Oct 2022 on : (("multicountry"[All Fields] OR "Multi-country"[All Fields] OR "international"[All Fields] ) AND ("observational"[All Fields] OR "real-world"[All Fields] OR "real-world "[All Fields] OR "non-interventional"[All Fields]) AND ("study"[All Fields] OR "cohort"[All Fields])

## OBJECTIVES

- To assess the methodological challenges and opportunities for observational multi-country studies based on electronic health records (EHRs).

## METHODS

- A review of publications from selected networks at the forefront of multi-country collaborative research studies:
  - The European Health and Evidence Network (EHDEN) [www.ehden.eu](http://www.ehden.eu)
  - The European Medical Information Framework (EMIF) [www.emif.eu](http://www.emif.eu)
  - Observational Health Data Sciences and Informatics (OHDSI) [www.ohdsi.org](http://www.ohdsi.org)
  - The SIGMA Consortium <https://sigmaconsortium.eu>

## RESULTS

Our review found that the increase in observational multi-country studies is being driven by:

- Generalisability:** the need to demonstrate the safety and effectiveness of treatment across multiple geographies,<sup>1</sup> describe the epidemiology of diseases and their burden in multiple countries,<sup>2</sup> and evaluate associations between risk factors and outcomes in multiple settings.<sup>3</sup>
- Replicability:** the need to understand sources of heterogeneity in real-world settings and replicate findings from one study into another context.<sup>4</sup>
- Sample size:** the need to pool samples to increase the size of the study population.<sup>5</sup>

Despite the opportunities that multi-country observational studies afford in generating multi-country evidence, they also involve significant challenges, including:

- Different structure and coding terminology:** EHRs in different countries are structured in multiple ways and may employ different coding terminologies (e.g., ICD-9/10, SNOMED CT, ICPC).
- Differences in healthcare systems:** There are inherent differences in healthcare systems which are organised to serve specific populations. This can introduce heterogeneity and may in some instances limit the validity of multi-country studies.
- Data completeness:** There is also an emerging literature on biases introduced by EHR and claims database studies which emphasises limitations related to representativeness, data availability and interpretation, missing measurement, and missing visits.<sup>6</sup>

## ADDRESSING CHALLENGES

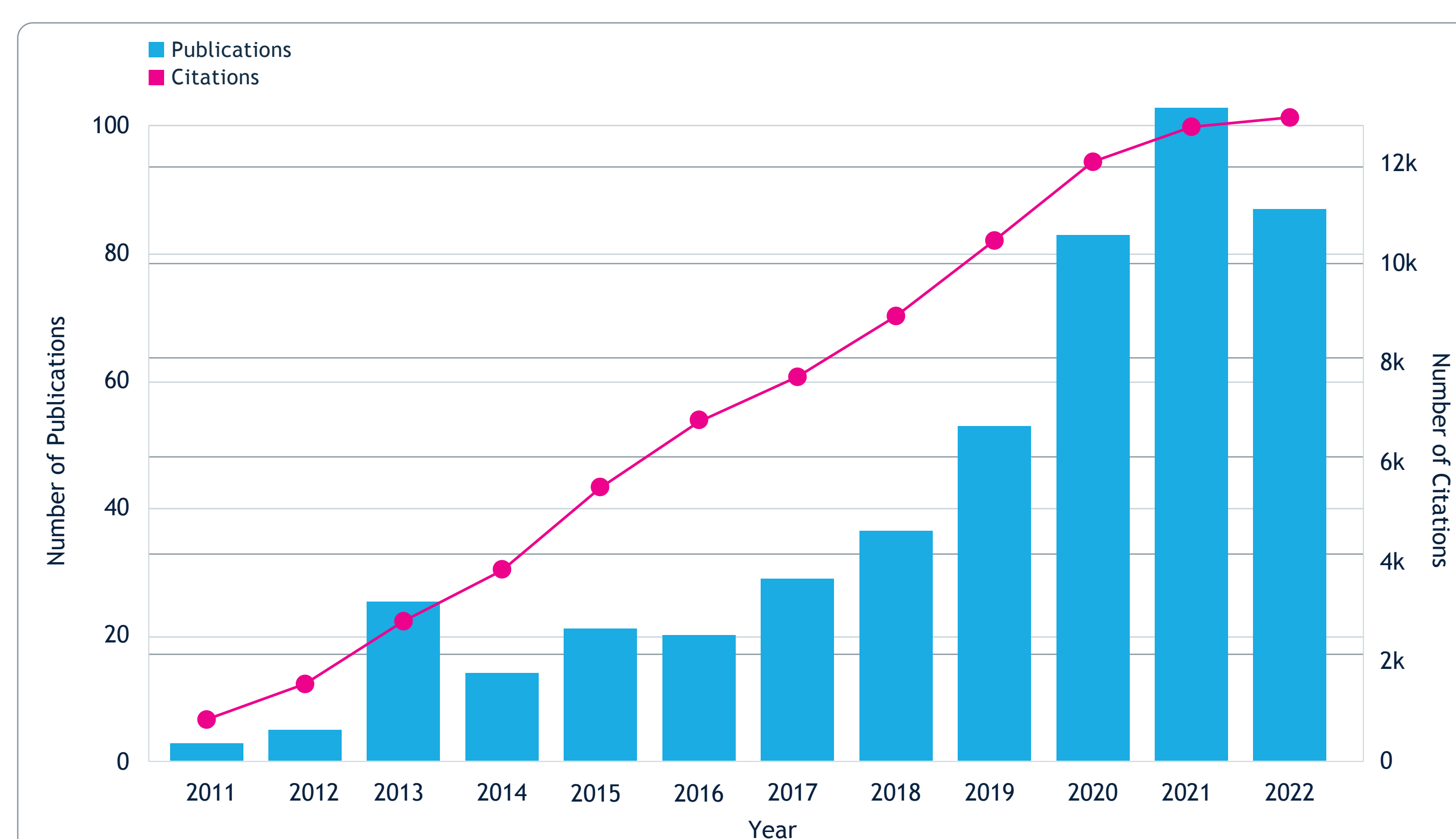
Nevertheless, the review also found that standardisation techniques are emerging to address these challenges, including:

- The adoption of standards for study development, including Post Authorisation Safety Study Protocol (PASS) Template and European Network of Centres for Pharmacoepidemiology and Pharmacovigilance (ENCePP) registration.
- Ongoing initiatives to catalogue existing data sources and collect metadata information to inform researchers on the most suitable databases for their research study with:
  - The ENCePP catalogue of databases set to be replaced in late 2023 by a Catalogue of Data Sources, including information on extensive metadata developed by the DARWIN consortium following recommendations of the HMA/EMA Big Data Task Force.
  - The continuous expansion of the EHDEN network and the development of the EHDEN Catalogue.
- Recognised statistical methods for data comparison, such as negative case control, and data pooling, including meta-analytical techniques.
- The continued use and development of a Common Data Model (e.g., EHDEN and OMOP) for data extraction and analysis in which raw data are standardised to a common structure, format and terminology independently from any particular study, in order to allow a combined analysis across several datasets.<sup>7</sup>
  - The advantages of a Common Data Model are:
    - Rapid (real-time) access to real-world data systems which is accessible to a community of researchers.
    - Privacy is protected with de-identification.
    - Data sources retain ownership and control of patient data.

The rise in database networks underlines the opportunities ahead for performing multi-database studies.

- OHDSI/OMOP is the largest and most successful networking collaboration. The OHDSI network currently includes 2,367 collaborators spread across 74 countries.
- In Europe, the EHDEN network has grown rapidly since its launch in 2018 and currently includes 166 data partners from 27 countries.
- These networks have enabled rapid international collaboration to emerge to answer research questions of interest (see Figure 2), especially for COVID-19 research.

Figure 2. OHDSI publications and cumulative citations



(Reproduced from [http://dash.ohdsi.org/publication\\_dashboard](http://dash.ohdsi.org/publication_dashboard)). PubMed Publication Tracking highlights scholarship generated using the OMOP Common Data Model, OHDSI tools, or the OHDSI network.

## CONCLUSIONS

- Researchers seeking accurate answers to research questions across geographic borders need to consider the potential benefits and drawbacks of observational multi-country studies. However, we believe we are entering an era where emerging standardisation techniques afford greater opportunities to generate rapid and robust multi-country evidence based on EHRs.
- As industry professionals and researchers, we must advocate for the use of a standardised methodology for multi-country studies to ensure the reporting of reliable, valid and generalisable findings.



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